



**For Immediate Release**

March 11, 2016

Contact [Angela Krile](#) for SPS, 740-974-3948

## **Children's Hospitals Offer Safety Tips for Patient Families During National Patient Safety Awareness Week**

March 11, 2016 – As National Patient Safety Awareness Week—*United for Patient Safety*—kicks off next week (March 13-19, 2016), children's hospitals around the country are affirming the critical role patient families play in making hospital stays as safe as possible for their children.

A national learning network of children's hospitals—[Children's Hospitals' Solutions for Patient Safety](#) (SPS) is working to offer impactful and easy-to-implement safety tips for families to follow when visiting the hospital with their child.

"SPS is a network of hospitals who are teaching and learning from each other to provide the safest possible care in children's hospitals across the country for every patient coming through our doors," said Michael Fisher, president and CEO, Cincinnati Children's Hospital Medical Center, and chair of SPS. "The family is the most critical part of a patient's caregiving team, and there are things that families and patients can do to help us. So, we are encouraging patients and their families to follow some simple, yet potentially life-saving tips during National Patient Safety Awareness Week and each time that they visit a children's hospital."

SPS, funded in part by the federal Partnership for Patients program, Children's Hospital Association and the Cardinal Health Foundation is working to achieve specific goals to reduce harm in pediatric hospitals through the transparent sharing of data, successes, and learnings. Having already saved approximately 4,746 children from harm and prevented an estimate of over \$92 million in costs from the healthcare system with their collaboration, SPS hospitals are working to reduce [certain hospital-acquired conditions](#) by 40 percent, reduce readmissions by 10 percent and reduced serious safety events by 25 percent. SPS began in Ohio in 2009 as a network of eight hospitals. It has now [expanded to more than 90 hospitals across the country](#), all focused on reducing harm and building a "culture of safety" within each hospital.

Tips for patient families include the following:

1. BE A PATIENT ADVOCATE FOR YOUR CHILD. Don't be shy. Ask questions about your child's care, raise safety concerns you have, or ask the caregiver to double check their chart before they act. Write down your questions to make sure the caregiver addresses them. You might say, "Excuse me, I have a few questions before you start treatment. Would you mind answering them, please?"
2. YOU KNOW YOUR CHILD BEST. Share unique things about your child with caregivers that may be important for your child's overall care (i.e. they have a fear of animals or only like to eat food cut in small pieces).

3. **WASH.** Wash your hands and your child's hands when entering and leaving the hospital, your patient room, the bathroom, and any treatment rooms (such as x-ray), and be sure to wash if you have handled any soiled material.
4. **ENSURE THEY WASH, TOO.** Since you are part of your child's health care team, do not be afraid to remind doctors and nurses about washing their hands before working with you—even if they are wearing gloves. You might say, "Excuse me, I didn't see you wash your hands. I'd like to be sure everyone's hands are clean. Please wash them before caring for my child."
5. **STAY CLEAN & DRY.** If your child has an intravenous catheter or a wound, keep the skin around the dressing clean and dry and let your caregiver know if it gets wet or loose.
6. **WATCH FOR RED OR IRRITATED SKIN.** If you notice any new redness or irritation on your child's skin, notify your child's caregivers. Ask what steps can be taken to prevent harm to the skin.
7. **KNOW THE MEDS.** Ask for the names of the medications your child is receiving in the hospital and how they are expected to help your child. Caregivers will check your child's identification band before giving a medication to make certain the correct medication is being given. If you don't see this, ask staff to double check that the medication is for your child. You might say, "Excuse me, that medication is not familiar to me. Can you please double check it against my child's chart?"
8. **BE PREPARED WHEN GOING HOME.** When your child is ready to go home from the hospital, make certain you know what medications and/or treatments your child will need once home. Ask what you should watch for that will require a call to your child's doctor and which doctor to call if questions come up. Also ask when your child will need to follow up with a physician appointment.

More information about SPS is available at [www.solutionsforpatientsafety.org](http://www.solutionsforpatientsafety.org). The National Patient Safety Foundation has an online resource center with tips and tools for patients and their families available at: <http://www.npsf.org/?page=patientsandfamilies>

###